

MEDIA CENTER NEWS

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Action Based Learning

Teachers, Principals, and Administrators attended an Action Based Learning Workshop July 17, 2018 through July 20, 2018 in Charleston, NC. Dr. Jean Blaydes Moize the founder of Action Based Learning and Dave Spurlock trained the participants.

Action Based Learning is the proof that movement excels learning in the brain and promotes brain cell growth. The old way of teaching was for students to sit quietly; however, research has found that moving helps the brain hold more knowledge. The furniture for an Action Based Learning Laboratory is changeable and can be moved, the students can also move while they are learning. Students can also take movement breaks, where they can get up and move to an educational wrap song or just move to their favorite music (that must have conservative lyrics).

Teachers are encouraged to create Action Based Learning Lesson Plans. Mrs. Ruffin-Pittman has worked with American History Department and presented a vocabulary game where student's moved and matched words with their meaning. The learning was centered on the vocabulary of "The Middle Passage."

Mrs. Ruffin-Pittman shared a picture of an old plantation house in Charleston, South Carolina the home now has an historical marker to recognize Sarah Grimke and Angelina Grimke who were children of a planter, the sisters later joined The Quaker church and became abolitionist, they moved to Philadelphia, Pennsylvania and later moved to Hyde Park, Massachusetts. Sarah and Angelina Grimke were the only known southern white women to serve as agents and organizers for the American Anti-Slavery Society, they used petitions in the fight to end slavery. They wrote news articles and made speeches against slavery.

The book, *The Invention of Wings* by Sue Monk Kid is about the life of Sarah Grimke' and Angelina Grimke' and the stories of one the their slaves that they emancipated. <http://www.pbs.org/wgbh/aia/part4/4h2939t.html>, this website has one of Angelina Grimke's speech against slavery.



Home of Sarah and Angelina Grimke', who later became abolitionist. Their family home still stands in Charleston, SC.

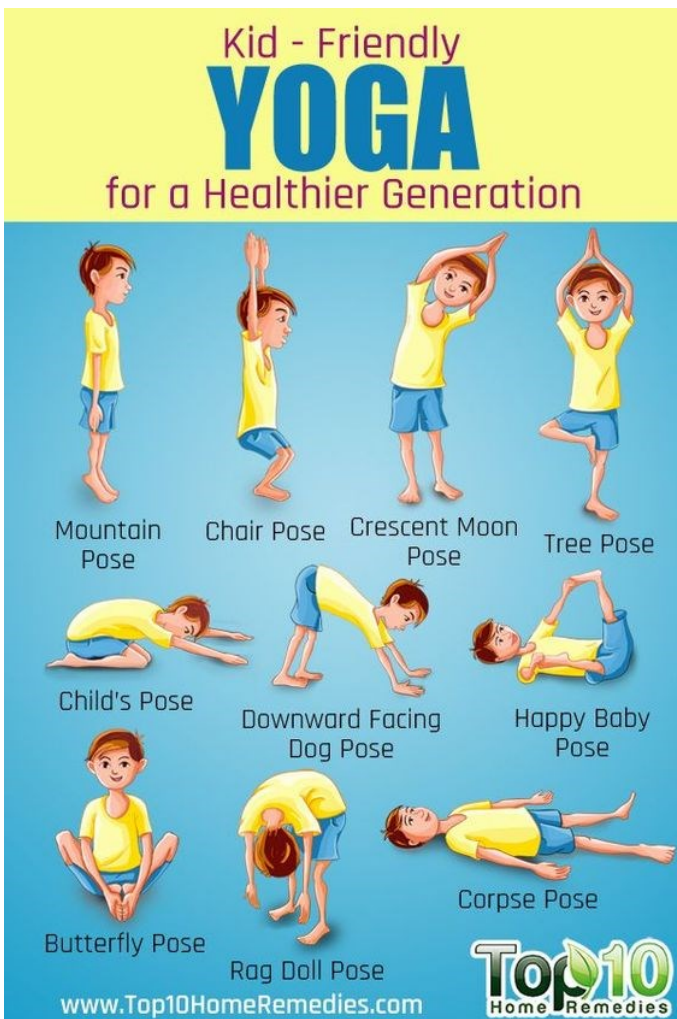
Action Based Learning continued



The American History Class reinforcing their learning of The Middle Passage by playing a Vocabulary Game. "Move and Match." The student had to match the definition with each term.



Kayaking with Mr. Dave Spurlock and Mrs. Ruffin Pittman on Shem Creek in Charleston, South Carolina. A fitness activity after a full day of Action Based Learning.



Northwest Collegiate and Technical Academy has a Yoga room. The poster above shares basic yoga poses.

Grammy Nominee, Blue Legend, John Primer Visits The Center, Halifax Community College

John Primer performed Blues songs at the Halifax Community College, located in Weldon, NC on August 25, 2018. Primer was a Blue Grammy Nominee in 2016. The bandleader and guitarist played for Muddy Waters, Willie Dixon and Magic Slim, & The Teardrops.

The native Chicagoan began playing on Maxwell Street and later became the House Bandleader at Theresa's Lounge. Primer has played with Blues great such as Gary Clark Jr., Derek Trucks, Johnny Winter and Buddy Guy. He has been acknowledged from The Life Time Achievement Awards for his dedication and cultivation of preserving The Blues. John Primer was born in Camden, Mississippi in 1945, he said that he had many wonderful and sad memories of Mississippi, especially doing the Jim Crow era.

Mr. Primer believes that the next generation will keep The Blues as a known art form. His son, Lenny Media is currently on tour with him and will continue his legacy.

John Primer rendered over one hour of his own music and songs by Be Be King and other Blues greats, his lyrics were captivating, his talent proved to be unlimited and unbounded. He and his band gave fierce energy to the captivated audience. Band member Steve Bell entertained the audience with cool harmonica solos. Though there were less than 50 audience members, the music resonated and the ambiance of the "Delta" was definitely in Weldon, NC. What a treat to hear such mesmerizing talent!



Mr. Primer poses for a picture celebrating the culture and legacy of the Blues, with Mrs. Jacquelyn Ruffin-Pittman.